

Extreme Fogo Island

A life-affirming weekend of wild winter adventure with one of the world's leading explorers Dr. TA Loeffler

FOR IMMEDIATE RELEASE:

Fogo Island, NL, February 3, 2017— Exclusively on the weekend of **March 3-5, 2017**, guests at Fogo Island Inn will be inspired and challenged by Dr. TA Loeffler (TA), a world-renowned explorer and adventurer. TA will lead guests through extraordinary outdoors activities in Fogo Island's wilderness—an untamed paradise for discerning discoverers.

Fogo Island's still-wild world has been carved by time and made ideal for crawling, climbing, jumping, hiking, and running among its frozen surfaces. The Island offers at once a sense of tempestuous realness and absolute stillness that could only be found on the very edge of the North American continent. Lauded explorer TA Loeffler will lead the discovery of this singular place. She has paddled 200 kilometers of the northern Nunatsiavut Labrador coastline, climbed nine volcanoes and El Salvador's Highest Peak during Volcanopalooza, completed a Great Big Walk across 750 km of the High Himalaya of Nepal, and skied 275 kilometers across unexplored Greenland. TA will continue to spread her enduring message of "Big Dreams, Big Goals" during this weekend of extreme winter adventure.

After a motivating orientation presentation by Dr. Loeffler, who has two decades of outdoor leadership experience, guests will partake in a range of thrilling pursuits such as climbing hills overlooking the frozen Atlantic, building their own snow shelter, and boring holes through frozen ponds to line-catch the fish swimming below in frigid waters. Moving from centuries-old fishing communities to vast wilderness, participants will take in historical homes and fishing stages, geological wonders, and wildlife sightings that can include herds of caribou, bald eagles, foxes, coyotes, and snowy owls. They'll forage for wild edibles and cook a traditional boil-up on a crackling fire of spruce boughs.

Back at the Inn each evening, the Fogo Island Inn Kitchen Collective will serve meals made with the Island's natural bounty from the Inn's award-winning dining room, all while the waves of the tumultuous North Atlantic crash just beyond guests' table settings. And there will always be time to unwind in the rooftop saunas and hot tubs, stargaze, and recharge for the next day of discoveries.

The full-board, three-night itinerary for an [Extreme Fogo Island](#) stay begins at \$1,575 per night,

exclusive of taxes, and includes: all meals, an Island orientation with a Community Host, and a range of challenging outdoor activities and excursions led by TA Loeffler. Rates are based on two persons sharing (solo travellers deduct \$200 off base rate). Family suites are available.

ABOUT DR. TA LOEFFLER

Dr TA Loeffler has 25 years of experience leading people on life-changing excursions. Her travels have taken her to 42 countries and all seven continents. TA has impressively completed six (and four fifths) of the Seven Summits—the highest peaks on all seven continents. In 2015, *Canadian Geographic* named her one of Canada's greatest explorers.

ABOUT FOGO ISLAND INN

Fogo Island Inn was recently named to Trip Advisor's 2017 Traveller's Choice Award and Condé Nast Traveler's 2016 Gold List—a list of editors' choices spanning six continents and 47 countries. This recognition from the US publication comes on the heels of a place on the 2015 Gold List of its British sister publication, *Condé Nast Traveller*.

Fogo Island Inn sits on an Island, off an Island, at one of the four corners of the Earth. Every one of the Inn's 29 one-of-a-kind guest suites has dramatic floor-to-ceiling windows that open onto the wildest and most powerful ocean on the planet, located less than 100 feet from an organic natural-fibre dream bed. Most suites have a wood-burning fireplace stove; all are furnished with quiet luxuries and handmade furniture and quilts—a stimulating relief from the numbing uniformity of modern times. Built on the principles of sustainability and respect for nature and culture, the award-winning Inn was designed by architect Todd Saunders. The Inn is a community asset and all surpluses from the operation are reinvested in the community to help secure a long-lasting resilience for Fogo Island, Newfoundland.

More information on Fogo Island Inn can be found [here](#)

ACCESS TO FOGO ISLAND, NEWFOUNDLAND, CANADA

Gander, Newfoundland is the international gateway to Fogo Island. Commercial flights from Toronto with connections in St. John's or Halifax can bring travellers to Gander in just over four hours. The Inn offers a land-and-ferry house-car pick-up and return service to Gander for \$800 (1–4 person capacity). Travel from Gander to Fogo Island takes two hours by car or around 30 minutes by charter

plane or helicopter. All transfer logistics and accommodations can be arranged by the Inn's reservations team at: [855-268-9277](tel:855-268-9277) or reservations@fogoislandinn.ca

More information on Fogo Island Inn's **Extreme Fogo Island** itinerary can be found [here](#) or by calling [855-268-9277](tel:855-268-9277) (toll free) or direct at: **709-658-3444**.

-30-

For press information, please contact: press@fogoislandinn.ca

Melanie Coates

Director, Marketing & Business Development

melaniecoates@fogoislandinn.ca

Instagram and Twitter [@fogoislandinn](#)